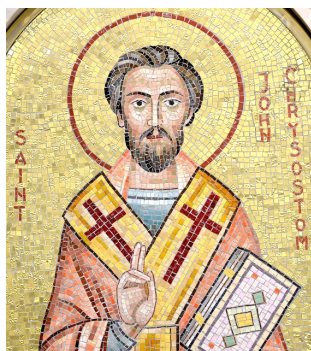
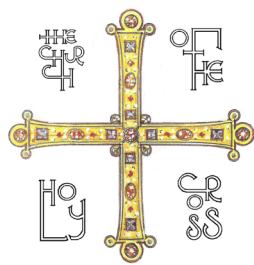




**Sunday Before
the Elevation of
the Precious
Cross, Saint
Cornelius the
Martyr**

**September 13,
2026**

**Morning Matins
Mode: Plagal
Two
Eothinon: Four**



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The Divine Liturgy of Saint John Chrysostom

Apolytikion for the Resurrection (Plagal Two)

The angelic powers appeared at your tomb, and those guarding it became as dead. Mary stood at your grave seeking your pure body. But you stripped the power of Hades, yet were not touched by corruption. You met the virgin and granted her life. O Lord, who rose from the dead, glory to you.

Apolytikion for the Forefeast of the Elevation of the Holy Cross (Tone Two)

We offer Thee in mediation the life-giving Cross which, of Thy goodness, Thou hast given unto us, the unworthy, O Lord. Save Thy hierarchs and Thy flock, and grant Thou peace through the Theotokos, O only friend of man.

Apolytikion for the Consecration of the Church of the Holy Sepulchre (Tone Four)

Thou hast shown the earthly beauty of the holy tabernacle of Thy glory to be like unto the splendour of the heavenly firmament, O Lord. Strengthen it for ever and ever, and accept our prayers which we unceasingly offer therein unto Thee, through the Theotokos, O Thou Who art the Life and Resurrection of all.

Apolytikion for the Elevation of the Holy Cross (Tone One)

Lord, save Your people and bless Your inheritance, granting our rulers to prevail over adversaries, and protecting Your commonwealth by Your Cross.

Soson Kyrie ton laon su, ke evlogison teen klironomiansu, nikas tis vasilevsi kata varvaran doroomenos, ke to son feelaton, dia tu Stavru su, politevma.

Kontakion for Consecration of the Church of the Holy Sepulchre (Tone Four)

The Church is shown to be a many-lighted heaven that doth shine a guiding light upon all them that do believe; wherein while standing we cry aloud: Do Thou Thyself now establish this house, O Lord.

The Epistle is from Galatians 6:11-18

Brethren, see with what large letters I am writing to you with my own hand. It is those who want to make a good showing in the flesh that would compel you to be circumcised, and only in order that they may not be persecuted for the cross of Christ. For even those who receive circumcision do not themselves keep the law, but they desire to have you circumcised that they may glory in your flesh. But far be it from me to glory except in the cross of our Lord Jesus Christ, by which the world has been crucified to me, and I to the world. For neither circumcision counts for anything, nor uncircumcision, but a new creation. Peace and mercy be upon all who walk by this rule, upon the Israel of God. Henceforth let no man trouble me; for I bear on my body the marks of Jesus. The grace of our Lord Jesus Christ be with your spirit, brethren. Amen.

The Gospel is from John 3:13-17

The Lord said, "No one has ascended into heaven but he who descended from heaven, the Son of man who is in heaven. And as Moses lifted up the serpent in the wilderness, so must the Son of man be lifted up, that whoever believes in him may have eternal life.

"For God so loved the world that he gave his only Son, that whoever believes in him should not perish but have eternal life. For God sent the Son into the world, not to condemn the world, but that the world might be saved through him."



Feast of the Day – Church of the Holy Sepulchre



The church that is honoured far above all others is that of the Holy Resurrection, which Saint Constantine the Great constructed at the place of Golgotha, where our Saviour was crucified and buried. For a long time this place had been purposely buried beneath the earth by the Jews and heathen; furthermore, during the reign of Hadrian (117-138), a temple dedicated to Aphrodite was built over the site so that this sacred

place might be even further desecrated and fall into utter oblivion. It was here that the Cross was hidden. However, at the command of the pious Emperor Constantine, excavations were made and the tokens of the saving Passion were found. It was here, then, that the very great and magnificent temple named in honour of Christ God's Resurrection-the Anastasis-was built under the supervision of the blessed Helen, while Dracilian was Eparch of Palestine and Macarius was Archbishop of Jerusalem. It was the latter, also, who exalted the venerable Cross and performed the consecration of this temple in the year 336.

Saints of the Week – Sophia, Faith, Hope and Love

These Saints were from Italy and contested for the Faith about the year 126, during the reign of the Emperor Hadrian. Faith was twelve years old, Hope, ten, and Love, nine; each was tormented and then beheaded, from the eldest to the youngest. Their mother Sophia mourned at their grave for three days, where she also fell asleep in peace; because of her courageous endurance in the face of her daughters' sufferings, she is also counted a martyr. The name Sophia means "wisdom" in Greek; as for her daughters' names, Faith, Hope, and Love (Charity), they are Pistis, Elpis, and Agape in Greek, and Vera, Nadezhda, and Lyubov in Russian.

